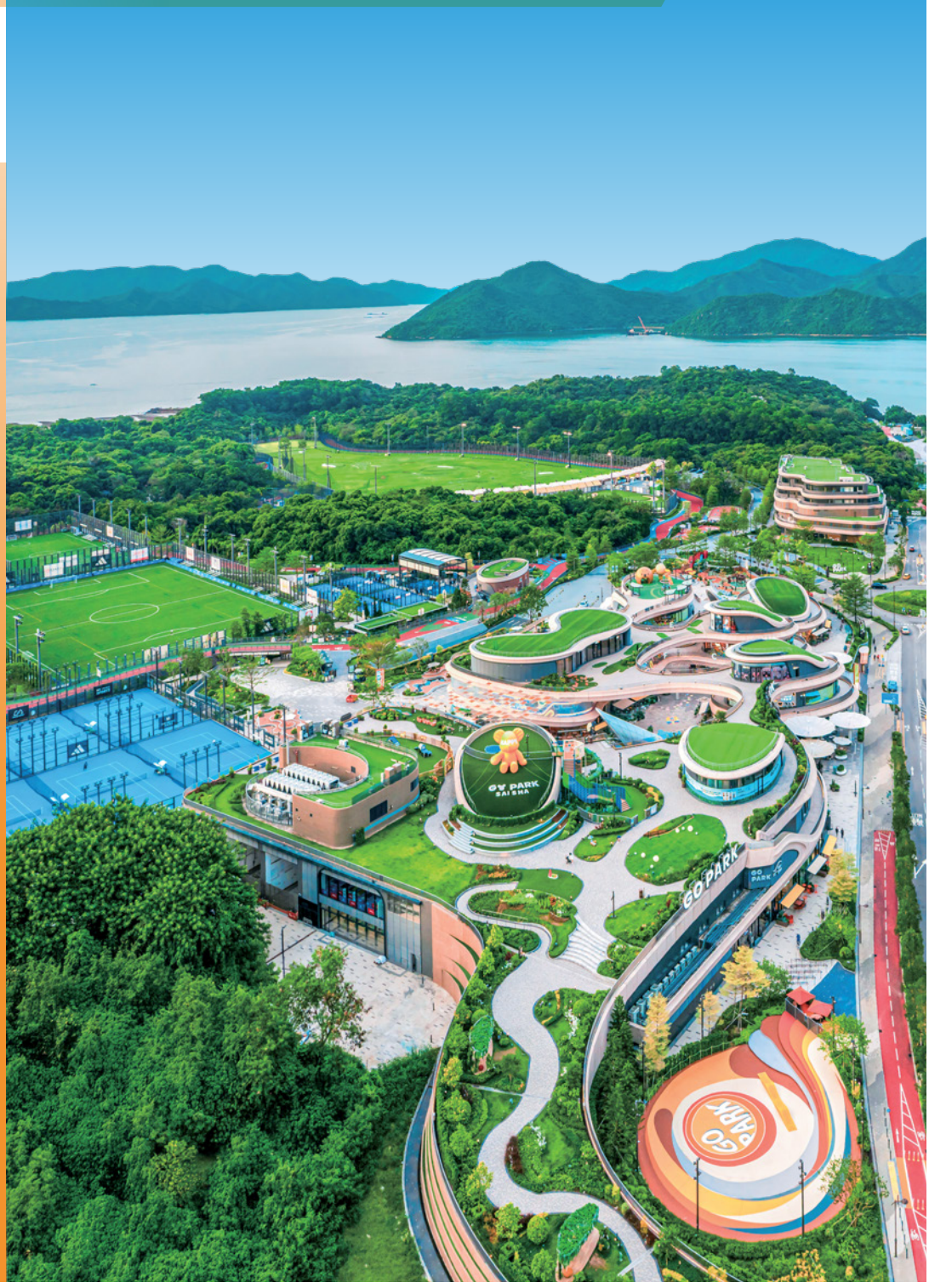
PLAN YOUR DEDICATED SCHOOL EVENT

籌辦專屬你的學校活動













新鴻基地產 Sun Hung Kai Properties | GO PARK SAI SHA | GO PARK SPORTS | GO PARK AQUA

西沙 GO PARK 地圖

GO PARK Sai Sha Map



*地圖未按比例繪製，僅供參考。
This map is not to scale and is for reference only.

西沙 GO PARK
GO PARK Sai Sha

西沙 GO PARK 佔地共 130 萬呎，是新鴻基地產最新發展的西沙大型綜合發展項目當中的運動商業綜合部分。

由全球知名的 ZHA 建築事務所設計，以流線形設計和幾何美學的多層次建築規劃，將大自然景觀交織於充滿未來感的建築之中。

園區內的多元化戶外運動公園「GO PARK Sports」佔地超過 100 萬呎，四周環山、與海為伴，是讓大眾享受戶外運動的全新地標聚點。毗鄰水上活動中心「GO PARK Aqua」佔地 13 萬平方呎，倚山傍海，坐擁企嶺下海及烏洲的醉人景色，提供各類水上運動的課程與體驗，讓大眾輕鬆展開豐富精彩的探索之旅。





Spanning 1.3 million square feet, GO PARK Sai Sha is the sports-and-commercial complex, part of the latest integrated mega development project in Sai Sha by Sun Hung Kai Properties.

Designed by the world-renowned ZHA Architects, it features flowing, organic forms that integrate the natural landscape into a futuristic architectural setting.

The outdoor sports park GO PARK Sports in GO PARK Sai Sha spans 1 million square feet. It blends with nature, embraced by the sea and sheltered by the mountains. It also acts as a sports academy for the public, aiming to promote Sports for All, nurture sports talents, and engage families in the joy of sports.

Adjacent to it is the water sports centre, GO PARK Aqua, spanning 130,000 square feet, nestled by the mountains and the sea, offering stunning views of Kei Ling Ha and Wu Chau. It offers an extensive range of water sports classes and experience, making it easy for everyone to embark on exciting excursions.



西沙 GO PARK 是一個糅合大自然，將運動、娛樂、餐飲及生活休閒體驗集於一身的嶄新地標，提供多元化室內外體驗、充足的開放空間和多功能配套設施，成為家庭和運動愛好者的新聚腳點，舉辦活動的理想場地。

GO PARK Sai Sha is a new landmark that seamlessly combines nature, sports, entertainment, dining, and leisure experiences. It offers diverse indoor and outdoor experiences and ample open spaces and facilities for families and sports lovers and an ideal venue for events.



運動 Sports

提供多樣的室內和戶外運動體驗

Offering diverse indoor & outdoor sports experience



餐飲 Dining

在西沙 GO PARK 探索多樣的風味，戶外活動空間可容納最多 600 人

Delving into diverse flavors in GO PARK Sai Sha with outdoor event space accommodating up to 600 people



娛樂 Entertainment

室內多用途主場館，可容納最多 1,500 人

Indoor Multi-purpose Court accommodating up to 1,500 people



休閒 Leisure

GO PARK Aqua 水上活動中心提供各類水上活動的課程、體驗與探索之旅

GO PARK Aqua water sports centre offering an extensive range of water sports classes, experience and excursion tours

運動場地資訊
SPORTS FACILITIES INFORMATION



棍網球 Lacrosse

場地 Facility	棍網球場 / 五人足球場 Lacrosse Field / 5-a-side Football Pitch	場地數目 No. of Court	1
場地總面積 Total Area	36,328 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:15
合作機構 Service Provider	中國香港棍網球總會 Hong Kong, China Lacrosse Association		



板網球 Padel

場地 Facility	板網球場 Padel Courts	場地數目 No. of Court	7 (標準球場 Standard Courts) 1 (單打球場 Single Court)
場地總面積 Total Area	16,361 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:10
合作機構 Service Provider	The One Padel Academy		



匹克球 Pickleball

場地 Facility	匹克球場 / 多用途運動場 Pickleball Courts / Multi-purpose Court	場地數目 No. of Court	6
場地總面積 Total Area	8,827 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:10
合作機構 Service Provider	The One Pickleball Academy		



網球 Tennis

場地 Facility	網球場 Tennis Courts	場地數目 No. of Court	6
場地總面積 Total Area	44,745 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:10
合作機構 Service Provider	中國香港網球總會 Hong Kong, China Tennis Association		

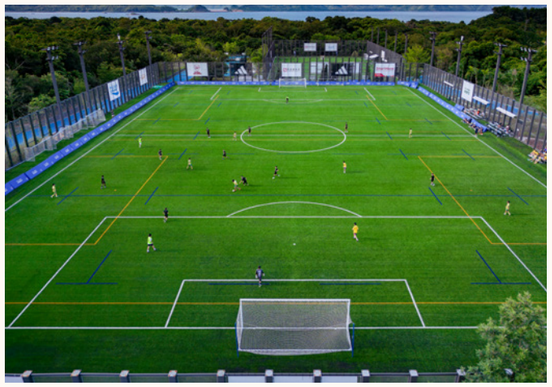


高爾夫球 Golf

場地 Facility	GO PARK Sports – AGA 西沙高爾夫球練習場 GO PARK Sports – AGA Sai Sha Golf Driving Range	場地數目 No. of Court	77 條發球道及 1 個人工草短桿練習區 77 bays and 1 short game area with artificial turf
場地總面積 Total Area	約 400,000 平方呎 Around 400,000 sq.ft.	教練教學比例 * Coaching Ratio*	1:10-30
合作機構 Service Provider	澳洲高爾夫球學院 Australian Golf Academy		

*教練教學比例只供參考，確實比例按報名人數而定。

*Coaching ratio is for reference only, the actual ratio will be determined based on the number of participants registered.



足球 Football

場地 Facility	足球場 / 欖球場 Football Pitch / Rugby Pitch	場地數目 No. of Court	1
場地總面積 Total Area	94,396 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:10 或 以上 or above



滾軸溜冰 Roller Skating

場地 Facility	平衡車場 Balance Bike Area	場地數目 No. of Court	1
場地總面積 Total Area	5,600 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:6
合作機構 Service Provider	香港滾軸溜冰學校 HK Roller Skating School		

平衡車 Balance Bike

場地 Facility	平衡車場 Balance Bike Area	場地數目 No. of Court	1
場地總面積 Total Area	5,600 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:5
合作機構 Service Provider	香港單車中心 Hong Kong Cycling Centre		

獨木舟 / 直立板 / 龍舟 Kayak/Stand-up Paddleboard (SUP)/ Dragon Boat

場地 Facility	GO PARK Aqua 水上活動中心 GO PARK Aqua Water Sports Centre	場地數目 No. of Court	-
場地總面積 Total Area	130,000 平方呎 sq.ft.	教練教學比例 * Coaching Ratio*	1:8
合作機構 Service Provider	藍天體育會 Blue Sky Sports Club		





跑步 Running

場地 Facility	共享徑 Community Track	場地數目 No. of Court	1
場地總面積 Total Area	800 米 /1500 米 800m/1500m	教練教學比例 * Coaching Ratio*	1:20
合作機構 Service Provider	樂家跑會 LCRA		

單車 Cycling

場地 Facility	共享徑 Community Track	場地數目 No. of Court	1
場地總面積 Total Area	800 米 /1500 米 800m/1500m	教練教學比例 * Coaching Ratio*	1:5
合作機構 Service Provider	香港單車中心 Hong Kong Cycling Centre		







GO PARK 室內多用途主場館 GO PARK Stadium

「GO PARK 室內多用途主場館」 是個可容納 1,500 名觀眾的大型室內體育及表演場館，讓你可舉辦室內體育競賽、欣賞文化、音樂、舞蹈表演、主題展覽及研討會等活動，沉醉於多姿多采的多元娛樂新體驗。

The GO PARK Stadium – Indoor Multi-purpose Court is a large indoor sports and performance stadium that can accommodate 1,500 spectators. It allows you to organize indoor sports competitions, enjoy cultural, music, dance performances, as well as themed exhibitions or Seminar. Immerse yourself in a vibrant and diverse new entertainment experience.

場地數目 No. of Court	1
場地總面積 Total Area	24,000 平方呎 sq.ft.
合作機構 Service Provider	安盛創夢館 AXA Dreamland

*教練教學比例只供參考，確實比例按報名人數而定。

*Coaching ratio is for reference only, the actual ratio will be determined based on the number of participants registered.



GO PARK AQUA

水上活動中心

GO PARK Aqua 為新鴻基地產西沙大型發展項目中的水上活動中心，佔地約 13 萬平方呎，距離西沙 GO PARK 僅 6 分鐘步程。坐擁企嶺下海壯麗景致，毗鄰多個親水及行山熱點，是香港嶄新旅遊熱點。 GO PARK Aqua 集水上運動、海島遊、生態體驗與戶外活動於一身，讓大家在山海之間體驗「在大自然裡的快樂」與無處不旅遊。

GO PARK Aqua is a premier water sports center within Sun Hung Kai Properties' major development in Sai Sha. Spanning approximately 130,000 square feet and located just a 6-minute walk from GO PARK Sai Sha, the center boasts breathtaking views of Kei Ling Ha Hoi. Surrounded by popular coastal and hiking hotspots, it is set to become Hong Kong's newest must-visit destination. Combining water sports, island hopping, ecological tours, and outdoor adventures, GO PARK Aqua invites everyone to experience "happiness in nature" and discover the spirit of exploration between the mountains and the sea.











以 GO PARK Aqua 為基地，開展海島探索深度遊。

Set sail from GO PARK Aqua, your gateway to immersive island hopping.

西沙探索之旅
Sai Sha Excursion

由熱愛運動的團隊帶領，透過水上活動、行山或騎單車、融合冒險精神與海洋保護理念，帶你探索西沙的獨特魅力。

Led by a team passionate about sports, through water activities, hiking, or cycling, blending natural experiences with marine conservation concepts, taking you to explore the dynamic charm of Sai Sha.

遊歷山嶺
Mountain Adventures



在地體驗
Local Experience



逐浪悠遊
Surf Leisure



單車漫遊
Cycling Tours



水上運動
Water Sports

由專業教練指導，提供傳統與現代水上運動的獨特體驗和課程，讓你在學習中感受無限樂趣。

Guided by professional coaches, offering courses in both traditional and modern water sports, allowing you to experience endless fun while learning.

1. 直立板 Stand-Up Paddle(SUP) | 2. 尾波滑水 Wakeboard |
3. 獨木舟 Kayak | 4. 風翼衝浪 Wing Foil | 5. 龍舟競技 Dragon Boat |
*6. 雙體船 Catamaran | *7. 小帆船 Dinghy | *8. 賽艇 Rowing | *Coming Soon















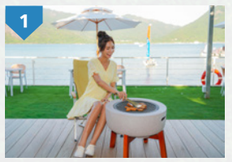


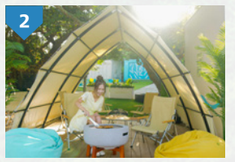
更多體驗
More Experiences

探索更多精彩活動，增進家人、朋友及伴侶之間的互動與合作，創造難忘西沙回憶！

Discover a variety of activities to create unforgettable Sai Sha memories!

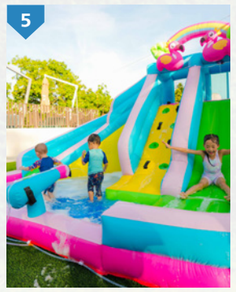
1. 海景燒烤 Seaview BBQ |
2. 海邊露營體驗 Seaside Camping Experience |
3. 浪漫海景婚宴 Romantic Seaside Wedding |
4. FIAT 海上跑車 FIAT 500 Carboat |
5. 生日慶祝派對 Birthday Party & Celebration











為何選擇我們舉辦活動？
Why choose us?



香港最新運動地標
Hong Kong's Newest Sports Landmark

走進香港最新的綜合運動地標，匯聚超過 20 項運動體驗及專業教練指導，坐落於山海環抱的優越環境之中。

Step into the city's newest integrated sports landmark, offering over 20 sports and coached experiences in a scenic setting embraced by sea and mountains.

集自然、運動、娛樂、餐飲於一身
Explore, Play, Dine, and Unwind unique

揉合大自然、運動、休閒與餐飲，一站式帶給您多重感官驚喜

combination of nature, sports, entertainment, dining, and leisure experiences all in one place.







提早規劃，盡享無憂
Plan Early, Enjoy More

提供長達一年的提前預約服務，讓你能更早規劃理想行程，一切盡在掌握。

With booking available up to one year in advance, you can secure your ideal itinerary early and stay in total control of your schedule.



積極響應教育局「躍動校園 活力人生」計劃
Proudly Aligned with the Education Bureau's "Active Students, Active People"Campaign

我們致力協助學生達致七個學習宗旨，實現全人發展。支援學校記錄運動時數、提供其他學習經歷的證明、提供親子活動、融入新興運動及成立校隊。

We are committed to helping students achieve the seven learning goals and realise whole-person development. Supporting schools with physical activity hour records, documentation of other learning experiences, parent-child activities, newly emerged sports integration, and school team establishment.

豐富經驗　專業統籌
Proven Expertise, Seamless Execution

成功策劃逾 350 場活動，累積 60,000+ 名參加者。我們按不同團體規模及需求，為你度身訂造專屬活動方案。

350+ events and 60,000+ participants hosted. We tailor every itinerary to suit different group sizes and needs.





一站式完善配套
Comprehensive Complementary

充足停車位、更衣室、GO PARK Sports 多元運動設施及 GO PARK Aqua 西沙探索之旅應有盡有。

Amole parking, changing facilities, GO PARK Sports multi-sports facilities and GO PARK Aqua Sai Sha Excursions Tour - all within one destination.

過往合作學校
Past partner schools

資助學校 Aided Schools

國際學校 International Schools

官立學校 Government Schools

私立 / 直資學校 Private/ Direct Subsidy Schools

特殊學校 Special Schools

等等 and more…

我們因應不同學校的需要，提供多元化的新興運動活動。無論是主流學校、弱勢背景學生，還是有特殊學習需要的同學，我們都會用心照顧。從活動設計到器材調適，我們致力讓每一位學生都能夠安全、自信地參與運動，享受其中的樂趣與成長。

We tailor our newly emerged sports activities to meet the diverse needs of different schools. Whether serving mainstream schools, students from underprivileged backgrounds, or those with special educational needs, we are dedicated to supporting every child. From activity design to equipment modification, we strive to ensure that all students can participate safely and confidently, and experience the joy and growth that sports bring.

GO PARK Sports 的教育使命
GO PARK Sports' Educational Mission

體驗頂級賽事
Experience World-Class Sports Events

除了校內課程與校隊訓練，我們更希望讓學生親身感受高水平賽事的精彩氛圍。透過連結大型體育盛事，例如香港板網球公開賽，我們誠邀學校師生親臨賽場觀摩，在真實的競技環境中學習、感受與成長。近距離欣賞頂尖選手的技術、戰術與比賽心態，不僅讓學生拓展視野，更能點燃他們對運動的熱情，樹立明確的目標與方向。

Beyond on-campus programmes and school team training, we are dedicated to providing students with first-hand experience of high-level sporting events. By connecting with major competitions such as the Hong Kong Padel Open, we extend a warm invitation to schools to bring their students and teachers to watch the matches live. In this authentic competitive environment, students are inspired to learn, grow, and discover their potential. Watching world-class players' techniques, tactics, and sportsmanship up close not only broadens students' perspectives but also ignites their passion for sport and nurtures a clearer sense of purpose and aspiration.







積極響應教育局「躍動校園 活力人生」計劃
Proudly Aligned with the Education Bureau's "Active Students, Active People" Campaign

我們積極響應教育局「躍動校園 活力人生」計劃，並配合世界衛生組織「MVPA60」的倡議，致力協助學生達致七個學習宗旨，建立健康生活方式，實現全人發展。

我們的活動內容涵蓋運動文化保育、藝術創作及水上活動等多元範疇，並為學校提供學生運動時數的記錄服務。在水上活動方面，我們更會為學生提供其他學習經歷的證明，支援學校的全方位學習需要。

此外，我們致力將新興運動項目融入校本體育課程，並協助學校成立專項校隊。在跨科組協作方面，部分運動項目將由外籍專業教練執教，導賞團及藝術工作坊亦會融入中華文化相關內容，豐富學生的文化體驗。

與此同時，我們亦會因應家長教師協會的需要，靈活提供不同規模的親子活動，促進家校緊密合作與親子互動，共創美好回憶。

In alignment with the Education Bureau's "Active Students, Active People" Campaign and the World Health Organization's "MVPA60" initiative, GO PARK Sports is committed to helping students achieve the seven learning goals, establish a healthy lifestyle, and realise whole-person development.

Our programmes span a diverse range of areas, including sports culture preservation, arts, and water sports. We also provide schools with official records of students' physical activity hours, and issue supporting documentation for other learning experiences arising from water-based activities.

Furthermore, we aspire to integrate emerging sports into school-based physical education curricula and support schools in establishing dedicated sports teams. In terms of cross-curricular collaboration, selected sports activities will be led by professional coaches from overseas, while guided tours and art workshops will incorporate elements of Chinese culture, enriching students' cultural learning experiences.

At the same time, we offer parent-child activities of varying scales, thoughtfully tailored to the needs of Parent-Teacher Associations, fostering meaningful home-school partnerships and creating joyful bonding moments for families.





運動體驗
Sports Experience

學校運動體驗計劃 School Outing Package

GO PARK Sports 學校運動體驗計劃為 3 至 18 歲學生（K1 至 S6 年級）提供多元化的運動體驗課程，包括高爾夫球、匹克球、板網球、網球等項目，全程由資深教練指導，確保學生獲得安全專業的運動體驗。我們更提供靈活方案，可為學校度身訂造合適的人數、時間及運動項目組合。

GO PARK Sports School Outing Package offers diverse sports experience classes for students aged 3 to 18 (K1 to S6 grades), including golf, pickleball, padel, tennis, and more, all conducted under the guidance of experienced coaches to ensure a safe and professional experience. We offer flexible solutions to customize group size, timing, and sport combinations to suit each school's requirements.

運動遊戲體驗
Sports Game Experience

我們亦可與合作機構攜手，在我們的場地為你度身安排各式新奇運動項目或多元競技模式的遊戲，如泡泡足球、攻防箭及健球。

We can also partner with our network of service providers to curate exciting sports activities or games with a variety of competitive formats, such as Bubble Soccer, Archery Tag, and Kin-Ball—all hosted at our venues.





多元化學校運動及生態探索體驗
Diversified School Sports and Ecological Exploration Package

我們的多元學校運動及生態探索體驗專為學生設計，融合生態教育、運動訓練和藝術活動，讓學生能夠體驗各種陸上與水上運動、生態探索以及藝術工作坊等。學生們在自然環境中鍛煉體能、探索知識，享受跨學科的校外學習體驗，促進他們在體能、知識和公民意識上的全面發展。

多元運動生態探索計劃更特設「森林學校」，將戶外運動與自然生態教育結合，帶領學生走出課室，在山海之間探索、學習與成長。

Our Diversified School Sports and Ecological Exploration Package is designed specifically for students. It combines ecological education, sports training, and art, allowing students to engage in various land and water sports, ecological exploration, and art workshops. In a natural environment, students enhance their physical fitness, explore knowledge, and enjoy interdisciplinary outdoor learning experiences, promoting their balanced development in physical abilities, knowledge, and civic awareness.

Diversified School Sports & Ecological Exploration Package also offers the Forest School, blending outdoor sports with nature-based education. Students step beyond the classroom to explore, learn, and amidst the mountains and sea.





本計劃將新興運動系統融入校本體育課程，並透過成立校隊，為學生構建由基礎技能到精英培訓的完整發展路徑。

我們深信，體育不只是一堂課，更是培養學生堅毅精神、團隊協作與追求卓越的舞台。透過階梯式訓練體系，學生不僅能在校園內享受運動的樂趣，更有機會晉身青訓計劃，乃至代表香港出征國際賽場，讓體育成為開啟未來無限可能的一道門。

從課室到球場，由興趣到夢想——準備好穿上香港隊戰衣，在國際舞台上發光發亮了嗎？

This programme systematically integrates emerging sports into school-based PE curricula, while establishing school teams to provide students with a complete development pathway - from foundational skills to elite athletic training.

We believe PE is more than a lesson. It is a platform for building resilience, teamwork, and a relentless pursuit of excellence. Through a structured, progressive training system, students can discover the joy of sport on campus, advance into youth development squads, and ultimately represent Hong Kong on the international stage - making sport a gateway to boundless future opportunities.

From the classroom to the competition court, from passion to purpose - are you ready to wear the Hong Kong jersey and shine on the world stage?



新興運動校隊培育課程
Newly Emerged Sports School Team Training Program



教師運動發展計劃
Teacher Sports Development Program

我們的教師發展計劃專為提升教師在運動領域的專業能力而設。通過專業運動教練的指導，教師將深入了解最新的運動項目及具體的指導技巧。此外，該計劃強調團隊合作，教師還將在模擬教學環境中進行練習，以增強他們的團隊協作和問題解決能力。這些優勢不僅提升了教師的教學能力，還有助於創造更積極的學習環境，促進學生的全面發展。

Our Teacher Sports Development Program is designed to enhance educators' professional capabilities in the field of sports. With guidance from professional sports coaches, teachers will gain in-depth knowledge of the latest sports and specific coaching techniques. Additionally, the program emphasizes teamwork, allowing teachers to practice in simulated teaching environments to strengthen their collaboration and problem-solving skills. These advantages not only improve teachers' instructional abilities but also contribute to creating a more positive learning environment that fosters the holistic development of students.

我們提供專業的定期校隊訓練和外展體育課，旨在提升學生的運動技能和團隊合作精神。訓練課程適合各年齡層的學生，由經驗豐富的教練指導，針對不同運動項目進行技術提升。學生將透過團隊活動和比賽增強合作能力，並設有靈活的課程時間，方便同學參加。無論是強化校隊表現還是探索新運動，課程都能幫助學生建立自信，享受運動的樂趣。

Our Regular Professional Training for School Teams or Explorer Physical Education Lessons aimed at improving students' athletic skills and teamwork spirit. These courses are suitable for students of all ages and are led by experienced coaches who focus on technical improvement in various sports. Students will enhance their cooperative abilities through team activities and competitions, and the course schedule is flexibly arranged to accommodate participation. Whether it is to strengthen school team performance or explore new sports, these courses help students build confidence and enjoy the fun of sports.



定期校隊訓練 / 外展體育課
Regular Professional Training for School Teams / Explorer Physical Education Lesson



GO PARK
AQUA

水上運動
Water Sports





2 小時 Hours

水上運動 Water Sports	教練教學比例 Coaching Ratio	年齡限制 Age Limit	最少人數 Min. Capacity	最多人數 Max. Capacity
水上運動體驗 (獨木舟) Water Sports Experience (Kayak)	1:8	6	16	依需求而定 Subject to request
水上運動體驗 (直立板) Water Sports Experience (SUP)				
水上運動體驗 (龍舟) Water Sports Experience (Dragon Boat)				

所有水上運動課程均包含設備、安全裝備及導師。
所有參加者必須能夠在沒有協助或浮具的情況下游泳至少 25 米。

All water sports classes include equipment, safety gear, and instructor(s).
All participants must be able to swim at least 25 meters without assistance or flotation devices.



藝術工作坊
Art Workshops





1 小時 Hour

藝術工作坊 Art Workshop		教練教學比例 Coaching Ratio	年齡限制 Age Limit	最少人數 Min. Capacity	最多人數 Max. Capacity
藝術工作坊 (初級) Art Workshop (Elementary)	• 馬賽克杯墊 Mosaic Coasters • 埃布魯藝術畫 Ebru Art • 聚合黏土寵物鑰匙圈 Polymer Clay Pet Keychain	1:20	3	20	60
藝術工作坊 (中級) Art Workshop (Intermediate Level)	• 月球燈 Painted Moon Lamp • 浮游花瓶 Floating Dried Flower Bottle				
藝術工作坊 (高級) Art Workshop (Advanced Level)	• 流體熊 Fluid Bear • 油畫 Oil Painting				
中國文化主題 Chinese Culture Theme	• 香囊製作 Spice Sachet-making • 青花瓷繪畫 Blue-and-white Porcelain Painting				

所有藝術工作坊均包含設備及導師。

All art workshops include equipment and instructor(s).

GO PARK SPORTS GO PARK AQUA

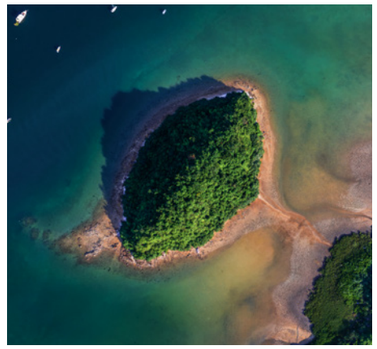
西沙探索之旅
Sai Sha Excursion Tours

由熱愛運動的團隊帶領，透過水上活動、行山或騎單車的方式，融合冒險精神與海洋保護理念，培養團隊合作與環保意識，讓學生在戶外中成長與啟發！

Guided by a passionate sports team, discover the unique charm of Sai Sha through water adventures, hiking, and cycling. This is where adventure meets marine conservation, fostering teamwork and environmental awareness to inspire growth and enlightenment in the great outdoors!



馬鞍山
Ma On Shan



烏洲
Wu Chau

GO PARK AQUA



企嶺下海
Three Fathoms Cove



荔枝莊
Lai Chi Chong



榕樹澳
Yung Shue O



深涌
Sham Chung



認證教練指導
Guided by Certified Coaches

獨木舟 / 直立板跳島之旅
Kayak/ SUP Island Hopping

活動時間 Event time: 6 小時 hours

活動包含初級課程教學，讓你輕鬆掌握獨木舟或直立板，並在企嶺下老圍展開生態遊，探索當地獨特的自然環境。活動適合學校團體參加，不僅增進水上運動技能，還能享受與師生共度美好時光。

The event includes a beginner's course to help you easily master kayaking or paddleboarding skills, along with an eco-tour at Kei Ling Ha Lo Wai Village, where you can explore the unique natural environment.

This activity is suitable for school groups, enhancing water sports skills while enjoying wonderful moments with teachers and students.



認證教練指導
Guided by Certified Coaches

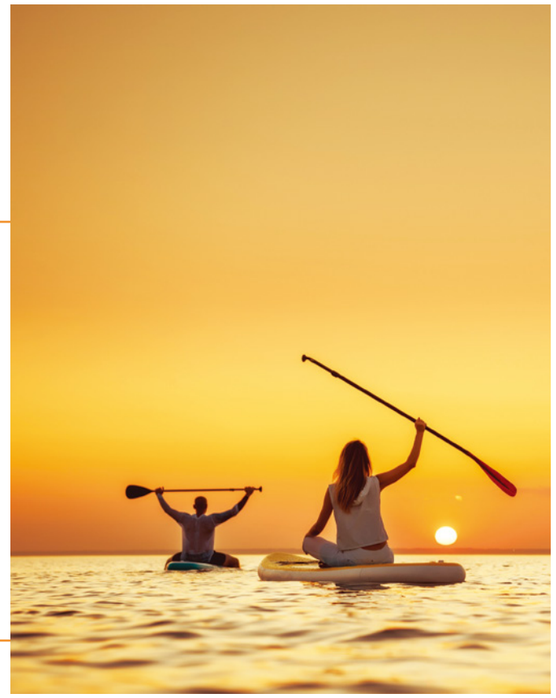
獨木舟 / 直立板日落身心靈之旅
Kayak / SUP Sunset Spiritual Tour

活動時間 Event time: 3 小時 hours

夕陽西下金色的光輝灑落平靜海面，划著獨木舟或直立板到達海中心，伴著輕搖的海浪，感受大自然的美麗及奧妙，讓心靈沉浸於這片寧靜。

Beneath the blue sky and across crystal seas, set out by kayak or SUP to the center of the sea. Feel the sea breeze, uncover the beauty and mysteries of the ocean, allowing your spirit to immerse itself in this tranquility.





所有水上運動課程均包含設備、安全裝備及導師。
所有參加者必須能夠在沒有協助或浮具的情況下游泳至少 25 米。

All water sports classes include equipment, safety gear, and instructor(s).
All participants must be able to swim at least 25 meters without assistance or flotation devices.









認證教練指導
Guided by Certified Coaches

獨木舟淨灘活動
Beach Cleaning with Kayaks

活動時間 Event time: 3 小時 hours

誠邀你加入我們，攜手保護海洋生態！由專業教練指導，使用獨木舟划槳出海，一起清理海灘上的垃圾，為大自然創造一個更乾淨的環境。加入我們，為保護海洋出一分力！

We sincerely invite you to join us in protecting the marine ecosystem! Guided by professional coaches, you will use kayaks to head out to sea and help clean up trash on the beach, creating a cleaner environment for nature while enjoying water activities. Join us and contribute to the protection of the ocean!

認證教練指導
Guided by Certified Coaches

紅樹林獨木舟生態探索
Mangrove Kayaking

活動時間 Event time: 4 小時 hours

活動內容涵蓋基本獨木舟操作教學，讓你輕鬆掌握技巧，在深涌、榕樹澳、三杯酒及烏洲展開生態遊，探索當地獨特的生態系統，觀察各種野生動植物，並學習保護環境的重要性。

The event includes basic instruction on kayaking, allowing you to easily master the skills. You will embark on an ecological tour in Sham Chung, Yung Shue O, Sam Pui Chau, and Wu Chau, exploring the unique local ecosystem, observing various wildlife, and learning about the importance of environmental protection.

塔門深灣珍珠與漁業探索之旅

Tap Mun & Sham Wan Pearl & Fisheries Culture Expedition

活動時間 Event time: 5.5 小時 hours





來展開一場感受漁村風情、地質奇觀與手作體驗的深度之旅！由漁農自然護理署、香港漁民團體聯會及 GO PARK Sports 共同合辦的「塔門深灣珍珠與漁業探索之旅」從 GO PARK Aqua 出發，穿越蔚藍吐露港，在船程中沿途可以欣賞到壯觀的鬼手岩地貌獨特地質地貌。抵達塔門後，漫步翠綠草坪，遠眺無敵海景，走進百年天后廟，細味漁村文化。行程特別安排登上深灣珍珠養殖魚排，親身體驗開採珍珠的奇妙時刻！每位參加者都有機會將天然珍寶帶回家，留下永恆回憶。

Embark on an immersive journey that brings together fishing village traditions, geological, and hands-on experiences. Jointly organized by the Agriculture, Fisheries and Conservation Department, the Hong Kong Fishermen's Association, and GO PARK Sports, the"Tap Mun & Sham Wan Pearl & Fisheries Culture Expedition"departs from GO PARK Aqua, sailing across the azure waters of Tolo Harbour.

Upon arrival at Tap Mun, stroll across lush green meadows, take in panoramic sea views, and step into a century-old Tin Hau Temple to appreciate the rich fishing village culture.

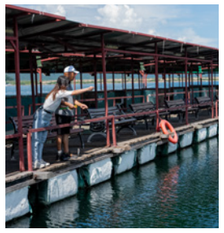
A highlight of the itinerary is a visit to the Sham Wan pearl cultivation fish raft,where you can open oysters to retrieve pearls. Every participant has the opportunity to take home a natural pearl treasure, creating lasting memories.

大埔魚排樂悠遊

Tai Po Fish Raft Getaway

活動時間 Event time: 4 小時 hours









展開一趟悠閒的本土漁村文化的探索之旅！由漁農自然護理署、香港漁民團體聯會及 GO PARK Sports 共同合辦的「大埔魚排樂悠遊」從 GO PARK Aqua 出發，乘快艇至三門仔魚排，揭開水產養殖的神秘面紗，並跟著漁民探索本地漁業文化的獨特魅力。

除了參觀漁排，還可以近距離觀賞漁民俐落施展織魚籠的傳統技藝，以及參加手釣小學堂，在漁排上實戰釣魚，再吹著海風享用風味到會海鮮午餐，感受「從大海到餐桌」的鮮味哲學。

Embark on a relaxing journey to explore the local fishing village culture! Co-organized by the Agriculture, Fisheries and Conservation Department (AFCD), the Hong Kong Fishermen Consortium, and GO PARK Sports, “Tai Po Fish Raft Getaway” begins at GO PARK Aqua and whisks you away by speedboat to the Sam Mun Tsai fish farm. There, you will uncover the mysteries of aquaculture and follow local fishermen to discover the unique charm of the local fishing industry.

In addition to touring the fish farm, you will have the opportunity to closely observe skilled fishermen as they deftly weave traditional fish traps. You may also join a hands-on fishing workshop where you can practice catching fish directly on the floating platform. Enjoy the sea breeze while indulging in a catered seafood lunch, embracing the philosophy of “from ocean to table.”





深涌客家滋味行

Sham Chung Serenity and Savory Bites Tour

活動時間 Event time: 3.5 小時 hours





深涌位於西貢半島西北，沿途欣賞歷史防波堤、企嶺下海及三面環山的迷人景觀。你可在綠油油草原漫步，探索大自然之美，盡享悠閒時光。活動融入傳統客家文化，包括製作茶粿體驗及享用燜豬肉、釀豆腐等地道客家菜餚作午餐，品味美食與文化的雙重饗宴。

Sham Chung is located in the northwest of the Sai Kung Peninsula. Along the way, you can enjoy the scenic views of the Kei Ling Ha Hoi and the surrounding mountains. Stroll through the lush green meadows, explore the beauty of nature, and fully indulge in a leisurely time.

The event incorporates a traditional Hakka culture, including Cha Kwo making experience and an authentic Hakka style lunch featuring classic dishes such as Traditional Hakka Stew Pork and Hakka Stuffed Tofu, allowing you to enjoy a dual feast of food and culture.

建議行程

(適用於幼稚園 、小學及中學)

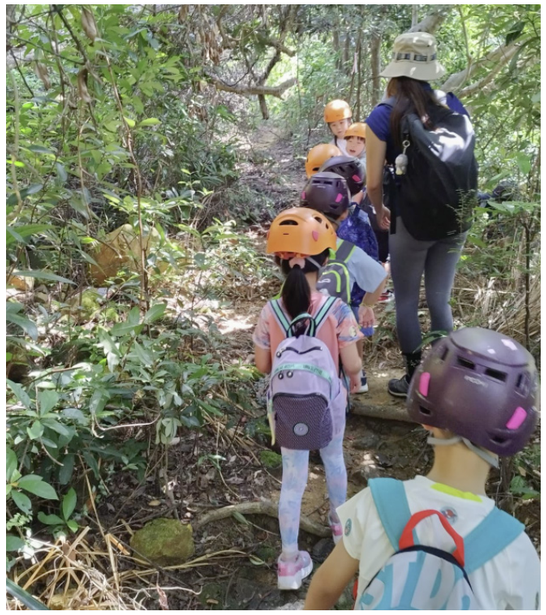
我們提供靈活的客製化方案，最少參加人數 20 人起，為學校度身訂造最適合的活動行程，讓師生共同創造難忘回憶。

例子 : 全天活動 Example: Full-day Event

日期及時間 Date & Time		MON	TUE	WED	THU	FRI
上午 AM SESSION	10:00 – 11:00	高爾夫球 Golf	網球 Tennis	曲棍球 Hockey	劍擊 Fencing	足球 Football
	11:15 – 12:15		五人制棒球 Baseball 5	匹克球 Pickleball		板網球 Padel
午餐 LUNCH	12:30 – 13:15	午餐 Lunch				
下午 PM SESSION	13:15 – 14:00	森林學校 Forest School	小小科學家工作坊 Little Scientist Workshop	小帆船 Dinghy	森林學校 Forest School	小小科學家工作坊 Little Scientist Workshop
	14:15 – 15:15		劍擊 Fencing			匹克球 Pickleball
	15:30 – 16:30					棍網球 Lacrosse







* 運動項目只供參考，最終活動內容可能根據參加者年齡及其他相關因素進行調整。
* The sports activities listed are for reference only; the final sports option may be adjusted based on the age of the participants and other relevant factors.

Suggested Schedule

(Suitable for Kindergartens, Primary Schools and Secondary Schools)

We offer flexible, customized packages starting from just 20 participants, tailored specifically for schools to create the perfect activity itinerary, helping teachers and students build cherished memories together.

例子 : 半天活動 Example: Half-day Event

時間 Time	活動 Event	內容 Details	地點 Location
09:00	參加者到達 Participants Arrival		
09:00 – 09:45	GO PARK Sports 導覽團 GO PARK Sports Guided Tour	-	GO PARK Sports
09:45 – 10:00	梳洗時間 Freshen Up		
10:00 – 11:00	運動體驗 (1 小時) Sports Experience (1 Hour)	板網球 Padel 匹克球 Pickleball 棍網球 Lacrosse	
11:00 – 12:00	運動體驗 (1 小時) Sports Experience (1 Hour)	板網球 Padel 匹克球 Pickleball 棍網球 Lacrosse	
12:00 – 12:30	梳洗時間 Freshen Up		
12:30 – 14:00	午餐 Lunch		
14:00	活動結束 End of Event & Departure		

餐飲選擇
Dining Options

我們明白，每個學校活動都需要一個安全寬敞、充滿活力的場地。GO PARK Sports 的廣闊足球場和棍網球場，正是戶外用餐的絕佳選擇。戶外餐飲服務提供多樣化套餐，無論是午餐聚會還是野餐體驗，都能輕鬆滿足需求。我們的專業團隊致力於為學校提供卓越的餐飲體驗，營造舒適氛圍，並根據學校要求靈活調整，讓師生盡享愉快難忘的時光。

We understand that every school event requires a safe, spacious, and vibrant venue. The expansive Football Pitch and Lacrosse Field at GO PARK Sports provide the perfect setting for outdoor dining. The outdoor catering services offer diverse packages, easily meeting needs for lunch gatherings or picnic experiences. Our professional team is dedicated to delivering exceptional dining for schools, creating a comfortable atmosphere with flexible adjustments to ensure teachers and students enjoy a joyful and memorable time.





戶外場地選擇
Outdoor Venue Options





過去活動 Previous Events

學界賽事 School Tournaments

香港青少年高爾夫球練習場比賽
Hong Kong Junior Golf Driving Range Competition









2025 全港兒童棍網球錦標賽
2025 Hong Kong Children's Lacrosse Championship

GO PARK Sports X BOSSINIX
兒童 / 校際單車障礙賽
GO PARK Sports X BOSSINI X Children / Inter-School Bike Obstacle Race



2024-2025 年度新界地域中學校際室內賽艇比賽
New Territories Inter-Secondary Schools Indoor Rowing Competition



中港交流 Mainland-HK Exchange

滬港同心 璀璨創意
社群媒體行銷與網紅實踐工作坊
Shanghai-Hong Kong: Social Media Marketing and KOL Practice Workshop



鄂滬全港精英籃球訓練營
Hubei-Shanghai-Hong Kong Elite Basketball Training Camp



跨越山海 以球會友 2025 西藏香港青少年足球友誼賽暨頒獎典禮
2025 Tibet-Hong Kong Youth Football Friendship Match & Award Ceremony





新建元 2034 盃第五屆小學生足球大會
Xinjianyuan "2034 Cup" 5th Primary School Football Tournament





職涯探索 Career Exploration

學校探索家計劃
School Explorer Program



運動員訓練計劃
SPORTS Tournaments



青少年體育交流夏令營 Summer Sports Camp





香港浸會大學職涯分享會
Hong Kong Baptist University Career Sharing Session



大學企業咨詢項目
University Corporate Advisory Project



親子同樂 Family Fun

螢火蟲繽紛跑 2025
Firefly Fun Fun Run 2025



2025 香港太古可口可樂動力跑
2025 Swire Coca-Cola HK Active Run



GO PARK Sports 復活動感節
GO PARK Sports Easter Rush Carnival





賽馬會好動城市計劃 — 毅力十二愛心跑暨運動嘉年華 2026
JC Fit City Run With Your Heart & Sports Carnival 2026





交通路線指南 Access

西沙 GO PARK 設有停車場，方便團體包車進出 Parking facilities available at GO PARK Sai Sha

停泊及上落客處 Parking & Drop off



港鐵 MTR

東鐵線 East Rail Line　轉乘 Transfer

港鐵大學站 B 出口 University Station Exit B	九巴 KMB 287	小巴 GMB 807K
	城巴 Citybus 582	小巴 GMB 807S
港鐵沙田站 Sha Tin Station	城巴 Citybus 580	

屯馬線 Tuen Ma Line　轉乘 Transfer

港鐵烏溪沙站 B 出口 Wu Kai Sha Station Exit B	城巴 Citybus 581	小巴 GMB 807K

巴士 Bus

九巴 KMB 287	東鐵線 East Rail Line	港鐵大學站 University Station
城巴 Citybus 580	東鐵線 East Rail Line	沙田市中心 Sha Tin Central
城巴 Citybus 581	屯馬線 Tuen Ma Line	港鐵馬鞍山站、港鐵烏溪沙站 Ma On Shan Station, Wu Kai Sha Station
城巴 Citybus 582	東鐵線 East Rail Line	白石角、科學園、港鐵大學站 Pak Shek Kok, Science Park, University Station

新增巴士路線 NEW bus routes

城巴 Citybus 586^	港鐵荃灣站、荔枝角、青沙公路轉車站 Tsuen Wan Station, Lai Chi Kok, Tsing Sha Highway Bus-Bus Interchange (BBI)
城巴 Citybus 587^	尖東麼地道、九龍站、青沙公路轉車站 Mody Road, Kowloon Station, Tsing Sha Highway Bus-Bus Interchange (BBI)
城巴 Citybus 589^	九龍灣、觀塘、大老山隧道轉車站 Kowloon Bay, Kwun Tong, Tsing Sha Highway Bus-Bus Interchange (BBI)
九巴 KMB / 城巴 Citybus 980X^^ (特別班次)	灣仔、金鐘、中上環、西區海底隧道轉車站 Wan Chai, Admiralty, Central, Sheung Wan, Western Harbour Crossing Bus-Bus Interchange (BBI)
龍運 LWB A41P* (特別班次)	機場、港珠澳大橋香港口岸 Airport, Hong Kong-Zhuhai-Macao Bridge Hong Kong Port

^ 首階段暫於周一至周五繁忙時間提供服務。The initial phase currently provides service during weekday peak hours.
* 預計將於 2025 年 12 月通車。The route is expected to begin operation in December 2025.
巴士路線及行車時間等詳情，請查閱相關巴士公司網頁。For detailed information, please refer to relevant bus company websites.

聯絡我們 Contact Us

Sports Registration Centre 體育報名中心

地址 Address:
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